



Conversation Starters

for More Meaningful Virtual Chats



What were the best and worst parts of your day?



What's an activity or experience you've been craving lately?



What book or movie do you think I would like, so we can discuss it next time?



What's an area of science or history that you wish you knew more about?



What's something you used to want but don't anymore?



What's one positive character trait that you don't think is very important?



If you could snap your fingers and instantly be close friends with anyone in the world, who would you choose?



What are your favorite and least favorite words?



Conversation Starters

for Talking with Kids



If you could step into any book, movie, or TV show, which would you visit?



What's your favorite rule? Least favorite?



Who is your best friend?



If you could ask your pet one question, what would you ask?



Do you think it would be fun to be famous?



What's worse: yucky things or scary things?



If you could add a subject to learn about in school every day, what would you pick?



If you were a genie and your house was a lamp, how would you decorate the inside?

Conversation Starters

for Talking with Teens



If you had to give a TED talk, what would it be on?



If you could snap your fingers and have a degree in something immediately and for free, what would it be?



If you could design the perfect house, what would it look like?



Is there a difference between being nice and being kind? Which is better?



If you had to change your name, what would you pick?



If you owned a sports team, what would the mascot be?



What's a hobby you have that few other people have? Do you wish more people were interested in it or do you like that it's unique to you?



What's one life skill you wish they taught in school?



Conversation Starters

For Talking with Seniors



What's something you grew up with that would feel completely out of place to kids today?



If you were an Instagram influencer, what would your niche be – fitness, cooking, fashion, motivation, a hobby, etc.?



Are there any foods you've never tried, but want to? Why haven't you?



If you could go back and choose a completely different career, what would you choose?



Kids are very different today from kids when you grew up – what's one way that kids today are the same?



If you could create a museum to preserve the culture of anything, what type of museum would you create?



What game show do you think you could win? What game show would you be terrible at?



What's the most unexpected thing you've learned in life?



Conversation Starters

For Talking with People in Treatment



Reading/watching anything good lately?



Have you picked up any new hobbies?
What's a hobby you've always wished you could try?



What wild animal would make the best emotional support animal, if it were domesticated?



What's your favorite comfort food?



What's a book/movie/show you hated that everyone else loved? Vice versa?



What are the top three things you need to make the perfect cozy evening in?



How would you be different if you'd grown up with social media?



What's the most awkward interaction you've had recently/in life?